

The Wood River Three

1. Be Respectful
2. Be Responsible
3. Be Ready To Learn

PARTICIPATION IS A PRIVILEGE NOT A RIGHT

WOOD RIVER MIDDLE SCHOOL ATHLETIC-ACTIVITY DEPARTMENT RULES OF TRAINING AND CONDUCT

The purpose and objectives of Wood River Middle School's Athletic and Activity Department and its interscholastic athletic or activities program are the development and maintenance of individual health and vigor, development of playing skills, enjoyment of competitive play, expression of sportsmanship and citizenship, and contribution to school and community spirit and morale. This Student and Parent/Guardian Agreement and Understanding of Athletic and Activity Department Rules of Training and Conduct adds to and supplements existing Blaine County School District Policies. In the event of any conflict between this Agreement and Blaine County School District Policies, the Blaine County School District Policies will prevail. Those students who participate in the interscholastic athletic or activities program commit themselves to the following personal goals: a primary focus on academic development and attendance;

- Avoidance of any action which would bring embarrassment or disrepute to themselves or their team; development of desirable personal health standards (which includes the abstinence from tobacco of any kind, alcoholic beverages, and illegal drugs and substances); development of skills; and the growth of a competitive philosophy which includes sportsmanship and a consistent awareness of school and community pride.

The players on each team will be governed by the following Athletic and Activities Department rules. Each head coach may establish additional, individual rules for their specific activity such as, attendance at practice sessions, personal conduct, and personal appearance.

These rules are in addition to the rules that apply to all students for the entire school year. When school is in or out of session including, Holidays, Spring Breaks, weekends and legal holidays. Students involved in athletics and activities and their parent or guardian will re-sign the athletic and activity department rules of training and conduct each season.

I. CONDUCT/BEHAVIOR

Please be advised that successive infractions lead to additional or longer consequences. Successive infractions do not need to be for similar or identical infractions. A successive infraction would be ANY violation of the rules of training and conduct.

A. INAPPROPRIATE CONDUCT

Athletes are expected to maintain a level of conduct which does not discredit themselves or their teams. Violations of this standard would include, but are not limited to, Insubordination, Bullying, Lying to School Officials, Cheating/Plagiarism, Gang-Related Activities, Inappropriate Physical Conduct, Vandalism, Abuse of Social Media and Theft.

The minimum penalty for a future offense of behavior which is inappropriate for or unbecoming an athlete is a one contest suspension. The penalty for first offenses which are deemed severe and for succeeding infractions shall be determined by the Athletic and Activities Director, with the minimum penalty for a second offense being a one week (minimum one contest) suspension.

B. DANGEROUS/CRIMINAL BEHAVIOR

This would include, but is not limited to, Fighting, the Sounding of False Fire Alarms, the Possession of Dangerous Materials or Weapons, and/or criminal activity. The penalty for dangerous/criminal behavior will be assessed according to the guidelines listed in section V.

C. HAZING

Athletes at Wood River Middle School commit to supporting, encouraging, and mentoring each other in their efforts to achieve individual and team goals. Engaging in or encouraging hazing is strictly prohibited. Hazing occurs when any person knowingly requires the performance of any act by a student, or the acquiescence to any act performed by or upon a student, for the purpose of induction into, admission into, initiation into, affiliation with, or maintaining membership in, any group, organization, society, club or team, or any action or statement which harasses, embarrasses, threatens, humiliates, or intimidates another student.

Athletes who engage in any form of hazing, or who do not report acts of hazing which they witness, may be subject to according to the guidelines listed in section. Hazing incidents may also be referred to appropriate law enforcement agencies. Hazing which occurs via social media is also a violation of the rules of training and conduct.

D. SOCIAL MEDIA

Given their affiliation with Wood River Middle School, students' social media use reflects on Wood River Middle School, Blaine County Schools and our community.

Social media use which has a disruptive impact on Wood River Middle School, the athletics and activities department and on the morale and success of the team is prohibited. Examples of specifically prohibited use include but are not limited to:

- Sexually explicit, profane, lewd, indecent or defamatory language.
- Derogatory language regarding school personnel or other students.
- Comments or images designed to harass, threaten or bully students or school personnel.
- Nude, sexually-oriented, or indecent photos or images as well as altered pictures.

The penalty for inappropriate social media use shall be assessed according to the guidelines listed in section V as well as completion of the NFHS Social Media Course.

II. UNEXCUSED ABSENCE AT SCHEDULED ATHLETIC AND ACTIVITY COMPETITIONS

Any absence from scheduled athletic or activity competitions shall be prearranged and approved by the particular coach. Extenuating circumstances will be reviewed by the Athletic and Activity Director. The penalty for a first offense may include suspension from one athletic or activity contest. For any succeeding offense during that season, the penalty may be expulsion from the team for the remainder of the season.

III. PARTICIPATION ON DAYS OF CLASS ABSENCE

Participate more than one academic period for something other than a non-discretionary (i.e. funeral) or school-related (i.e. field trip, performance) event. If the absence is due to a doctor's appointment or illness, the student-athlete is required to provide the Athletic and Activity Director with a note of clearance from the doctor before the end of the school day.

According to the Blaine County School Policy, if a student is serving an out-of-school suspension or in-school suspension, he/she may not attend any school function for any reason. This applies to athletic or activity contests (home and away) as well as practices. A student may participate in a competitive event on the day following a suspension. Unless, team policy that may prohibit an athlete from participating in an athletic competition after missing practice.

IV. TRAVEL

A. TRANSPORTATION:

All athletes shall travel to and from athletic events using school-sponsored transportation. Athletes may return from athletic or activity events only with a parent and or legal guardian with the permission of the particular coach. A parent or legal guardian must be physically present to sign the responsibility of student-athlete away from the coach. A parent and or legal guardian may transport only their child to and from events. Extenuating circumstances will be handled by the Athletic and Activity Director in advance. Parents should contact the Athletic and Activity Director and Head Coach well in advance of the event if there are any questions.

1. If the parent or legal guardian fills out and completes the Athletic Release form, in advance of travel, an emergency contact may provide transportation to or from an event. The student must provide the WRMS office with the Athletic and

Activity Release form as well as printed documentation that the person providing the ride is a legal guardian within our Skyward system.

B. DRESS CODE:

All students will adhere to Wood River Middle School Dress Code while attending and traveling to and from all school sponsored events. Changing clothes on the bus is generally prohibited but extenuating circumstances such as lack of facilities may cause the need to change clothes on the bus. Permission to change clothes on the bus will be based on approval and discretion of the Head Coach and Bus Driver.

V. SMOKING, CHEWING TOBACCO, VAPING, ALCOHOLIC BEVERAGES, ILLEGAL DRUGS, CONTROLLED SUBSTANCES, AND/OR PARAPHERNALIA.

The possession or use of tobacco of any kind, alcoholic beverages, and/or the possession or use of illegal drugs or controlled substances or paraphernalia shall not be permitted for any athlete; regardless of age. This prohibition includes the sale, purchase, possession, consumption, distribution, and/or participation in a plan to sell, purchase, possess, consume, and/or distribute alcoholic beverages and/or tobacco, illegal drugs or controlled substances, and/or paraphernalia, social hosting and/or any of the above mentioned items.

Policy 540 says: Students are prohibited from the use, possession, sale, distribution, delivery, transportation, or being under the influence of alcohol, tobacco products, illegal drugs, and any other illegal substances. Students participating in IHSAA sponsored events or school sponsored extracurricular activities or holding a position of school leadership who are found to be involved in any such activity at any time, whether or not school is in session, and whether on or off school grounds, will be penalized as outlined in District Policy 551, the bylaws of the student organization, the Student Code of Conduct, and the expectations published in the individual school's student/parent handbook.

Penalty for Violations:

1. **Voluntary Disclosure:** Any student who voluntarily discloses using or being under the influence of any illegal inhalant, alcohol, or controlled mood-altering chemical, or abused chemical substance, or tobacco use before he or she is reasonably suspected to be in violation of the law, shall be provided anonymity to the extent that disclosure is held confidential on a faculty/coach “need to know” basis, that notification is provided to parents, the legal guardian or child’s custodian, and that available counseling may be suggested by the District. Voluntary disclosure will not be abused.
 - a. **Reasonable Suspicion without self-disclosure:** Once a student is reasonably suspected to be in violation of this policy prior to previous voluntary disclosure, school administrators shall immediately initiate the procedures herein.
 1. **First Offense while attending Grades 6-8:** Suspension from participation in any school sponsored extracurricular activity for a period of 28 consecutive school calendar days. School calendar days are defined as Monday through Saturday beginning the first day of practice and/or school (whichever is earlier) and ending the last day of Spring Competition or last day of school (whichever is

earlier). Suspensions may carry over to the following activity season when students are involved in year long activities or participating in multiple activities.

As an alternative, student suspension may be reduced by seven consecutive school calendar days if the parent or legal guardian and student agree, the student must fully attend and participate in a drug and alcohol assessment administered by a certified drug and alcohol agency, or BCSD's Mental Health Therapist. This process may include a urinalysis. Student and parent or legal guardian must follow all recommendations of the agency for education and/or treatment.

Student and parent or legal guardian must further agree to share with the school the recommendations of the agency and completion of any education or treatment. Suspensions may carry over to the following activity season when students are involved in year long activities or participating in multiple activities.

If the parent or legal guardian agrees to fully attend and fully participate in the drug and alcohol assessment/treatment with their student, the suspension may be further reduced by seven consecutive calendar days. If all the above obligations have been met by the student and parent or legal guardian, the student may be suspended from participation in competition for a period of 7 consecutive school calendar days. Suspensions may carry over to the following activity season when students are involved in year long activities or participating in multiple activities.

1. Second Offense while attending Grades 6-8: The student may not be allowed to participate in student activities, and/or student body office for one (1) calendar year from the time of infraction. If the student and parent or legal guardians agree to participate in the alternative drug or alcohol treatment procedures, the suspension may be reduced to 28 consecutive school calendar days. Suspensions may carry over to the following activity season when students are involved in year long activities or participating in multiple activities.

SUCCESSIVE INFRACTIONS:

Succeeding Infractions past Second Offense while attending Grades 6-8: The penalty for each succeeding infraction of these rules shall be determined by the Athletic and Activities Director and Wood River Middle

School Administration. Penalties may result in expulsion of up to 365 consecutive school calendar days from participation in activities. Suspensions may carry over to the following activity season when students are involved in year long activities or participating in multiple activities.

VI. EQUIPMENT AND/OR UNIFORMS

Unauthorized possession of equipment and/or uniforms is prohibited. Students in possession of unauthorized equipment or uniforms must return items immediately to their Head Coach. Students may be assessed a late fee of \$25.00 for non-returned uniform items or equipment returns. The return deadline for returning school issued equipment and/or uniform will be determined by the return date set by coaching

staff or two weeks upon completion of the activity season whichever is earlier. Students may be billed for all unreturned items at replacement cost as well as a late fee and administrative fee. Students who are not cleared at the end of a season may not be allowed to participate in another sport until their equipment obligations have been satisfied.

VII. PHYSICAL EXAMS (IHSAA Rule 13)

13-1 Students are required to undergo a physical examination and have it, along with an Interim Questionnaire, on file with the school prior to their first practice. The Idaho Health Examination and Consent Form and Interim Questionnaire are available online at idhsaa.org.

13-2 Physical exams must be taken and on file with the school prior to the first day of practice. Physicals are valid for 2 years.

1. The physician recommends the student have an additional examination.
2. The parents request an examination in the Interim Questionnaire.
3. Affirmative answers on 1-10 of the Interim Questionnaire indicate a possible need for a repeat physical examination.
4. A student has transferred to Idaho from another state.

13-4 Physical exams must be conducted by a licensed physician, physician's assistant or nurse practitioner.

13-5 The Interim Questionnaire must be completed each year of participation by the parents/guardians of the athlete. The form must be on file in the administrator's office prior to the first day of practice.

FORMS

Physical Exam and Consent Form

<http://idhsaa.org/manage/articlefiles/99-Physical%20Exam%20and%20Consent%20Form.pdf>

Interim Health Questionnaire

<http://idhsaa.org/manage/articlefiles/99-Interim%20Questionnaire.pdf>

VIII. INDIVIDUAL ELIGIBILITY

8-1 ACADEMIC

On THURSDAY of each week, administration will run a grade report for all students who are taking part in athletics. The Athletic Director and coaches will be notified about student-athletes earning a D or an F in any class on TUESDAY. The first time students will be placed on probation for the duration of the season. The second time a student receives a D or F, they will not be eligible to participate in the next competition and will be unable to participate until their grades have improved to C-'s or above in all of their classes. Some students may require special consideration or individualized arrangements, and the Athletic Director may take these considerations into account when making the final determination about an individual student's eligibility.

GRADE CHECKS

Grade Checks will be done by the Administration team weekly

ACADEMIC PROBATION

Fall Sports: Grade checks start the second full week of school

Winter and Spring Sports: Grade checks start the first day of the athletic season per Magic Valley Conference Calendar.

Academic probation is a means to make students more aware of their academic status and a chance to improve their grades before ineligibility checks begin.

X. ACTIVITY CARDS

All students participating must purchase a Wood River Middle School (WRMS) Activity Card. Students must pay in full the WRMS Activity Card fee before issuance. It is strongly suggested that students purchase a WRMS Activity Card purchase the activity card at the beginning of the school year to take full advantage of attending all WRMS regular season athletic events free of charge.

XI. INSURANCE

Wood River Middle School requires each student athlete be covered by accident insurance. Your signature on this athletic or activity participation form indicates that, along with your permission to allow your student to participate in an athletics or activities, you accept the responsibility of maintaining an insurance program for your student athlete and will assume full responsibility for all medical expenses incurred by him or her in the event of injury. Independent company insurance information is available at Wood River Middle School. Please contact the school Athletic and Activity Director for more information.

XIII. PARENT/GUARDIAN AND STUDENT AGREEMENT

We, the parents or legal guardians of a participating student, acknowledge that our son/daughter may sustain injury while participating in athletics or activities and under the supervision of Wood River Middle School and its staff even though proper and safe coaching techniques are implemented or utilized. We understand the term “injury” includes a scope of mild, moderate, severe, and/or catastrophic physical ailments, harms, wounds, or consequences (which can include injury and or death) that may result from normal and natural participation in athletics or activities. We realize that it is necessary for our son/daughter to report promptly to the faculty sponsor any signs or symptoms of physical distress, as well as to act in a responsible manner at all times, in order to minimize the risk of receiving any injury while participating in the athletic or activities program.

Parental/Guardian permission is needed for students to participate in Wood River Middle School Athletic or Activities *and* Idaho High School Activities Association sanctioned or sponsored programs. Your signatures below indicate that parent or legal guardian and student athlete have read, understand, and are willing to comply with all above sections of the Wood River Middle School athletic and activities policies

and code. Parental permission is granted for your son/daughter to participate in any IHSAA sanctioned or sponsored activity offered by Wood River Middle School.

Parent Guidelines for Behavior

- *Exhibit good sportsmanship at your child's contests.*
- *Let the coaches do the coaching - NO sideline coaching.*
- *Be positive in your comments to students, officials, parents and coaches of each school.*
- *Express interest, encouragement and support for your child and his/her teammates.*
- *Cheer for your school and students, not against the opponent.*

Parents who are unable to follow these guidelines will be asked to complete the free NFHS course on Positive Sport Parenting: <https://nfhslearn.com/courses/positive-sport-parenting>

Student Signature:

_____ **Date:** _____

Parent/Guardian Signature:

_____ **Date:** _____